

FAMILY & CONSUMER SCIENCES



9,600+ video clips, 1,125+ full-length videos—and growing!

First aid, nutrition and diet, child care, kitchen and food safety, financial health, safe driving, fashion and interiors, independent living—the broad foundations of this collection provide just a hint at the hundreds of multifaceted titles it contains. From raising confident children and building psychological resilience, to understanding a 401(k) or confronting the dangers of texting and driving, a wealth of life lessons are covered.



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for lectures and assignments.

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FAMILY & CONSUMER SCIENCES STREAMING VIDEO COLLECTION

All titles are segmented into short, pedagogical clips, ideal for intermittent use during classroom lectures. For classwork viewing, students can choose to watch an entire film without interruption. Titles within the collection are sorted across 28 distinct, browsable subject categories (e.g., Child & Teen Development, Driver's Education, Pregnancy & Childbirth, Financial Health), enabling refined searches for available titles in specific topic areas.

Here's a sampling of the collection highlights:



EXCLUSIVE

Personal Finance Essentials: Financial Literacy for Young Earners

This comprehensive five-part series prepares students to become responsible managers of their personal finances, including budgeting and decision making, banking, borrowing and debt, saving and investing, and taxes.

EXCLUSIVE

On Your Own: Independent Living Skills

A six-part series that prepares young adults to leave the nest, with a focus on finding an apartment, managing money, practical and healthy cooking, smart shopping, housekeeping, and building a professional wardrobe.

EXCLUSIVE

Accidents Happen: What to Do When You're in a Car Accident

When an accident happens, all drivers involved have certain responsibilities. This video covers the steps to follow after the incident.

EXCLUSIVE

Healthy Eating: A Guide to Nutrition

Five-part series that covers basic nutrition, weight management, eating disorders, nutrition for athletes, and food safety and disease prevention.

EXCLUSIVE

Get into Textiles: Design, Manufacture, and Use in the 21st Century

An eight-part series exploring the 21st-century textiles industry, using case studies from top fashion houses, designers, and hands-on textiles technologists.

EXCLUSIVE & AWARD WINNER

Combating Conflict with Character Preparing students for social and interpersonal conflict is every bit as challenging as teaching physics; this five-part Telly Award-winning series helps viewers navigate the dilemmas surrounding bullying, peer pressure, prejudice, unresolved anger, and general conflict management.

In Defense of Food: An Eater's Manifesto

Journalist Michael Pollan distills a career's worth of reporting into a prescription for reversing the damage being done to people's health by today's industrially driven Western diet.

More than 130 birthing, parenting, and child care videos from **Injoy Health Education**, including many in Spanish.

EXCLUSIVE

Deadly Driving Distractions: Texting, Cell Phones, and Other Killers

Poignant and persuasive, this Telly Award-winning program warns of the dangers of texting and other distractions while driving.



EXCLUSIVE

Colameco's Kitchen Survival Guide PBS cooking show veteran Mike Colameco presents this three-part series covering the development of basic cooking skills and techniques as well as shopping for groceries, storing food, preparing ingredients, and keeping the kitchen clean and safe.

EXCLUSIVE

Kitchen and Food Safety

A three-part series filled with easy-toremember guidelines, sensible explanations by authorities, and simple but powerful reminders on safe food handling, foodrelated illness, and kitchen safety.



EXCLUSIVE

MyPlate: Understanding the USDA Dietary Guidelines for Americans

Overview of the key concepts of MyPlate and how it correlates to the more detailed Dietary Guidelines for Americans, including portion sizes, proportions, food group choices, and caloric balance.

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