

PHYSICAL THERAPY



160 full-length videos—and growing!

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To help injured patients make a full recovery and return to their normal routines as guickly as possible, physical therapists and physical therapist assistants need to rely on a thorough understanding of the human body and an ability to recognize both common and rare ailments easily. This collection brings together more than 150 videos that will help physical therapy students learn and practice crucial techniques in ways textbooks alone cannot. These short instructional clips from trusted producer Wolters Kluwer Health cover a wide range of physical therapy interventions and examinations, from stretching techniques to wrapping a shin splint.



Videos can be easily added to online catalogs, distance education courses, and learning management systems and are accessible from any location—on campus or off.

Collection Highlights:

- → Special Tests—a 95-part series presenting special tests used in physical therapy, including varus and valgus stress tests for the knee, finger, wrist, and elbow; Trendelenberg's test; the 90-90 straight leg test; the patellar grind test; McMurray test; anterior/ posterior rib compression test; Milgrim's test; and much more.
- → Taping and Wrapping Procedures—a 41-part series on wrapping and taping for sports medicine, covering different types of tape and elastic wraps, the RICE method, and steps for wrapping and taping a wide range of sprains, bruises, and other injuries.
- → Joint Mobilizations—a 14-part series providing details on joint mobilization techniques, including posterior glides, subtalar glides, tibial glides, humeral glides, ulnar glides, and radiocarpal glides.
- → Proprioceptive Neuromuscular Facilitation a seven-part series demonstrating the D1 flexion, D1 extension, D2 flexion, and D2 extension stretching techniques.