

GUIDANCE & COUNSELING



8,400+ video clips, 800+ full-length videos—and growing!

From teaching the "soft skills," such as time management and mitigating stress, that can boost academic success, to warning about alcohol and drugs, peer pressure, and other dangers inherent to becoming a young adult, this collection covers life lessons that aren't always taught in class, but that can be just as important in preparing for life after graduation.



tools to find the perfect titles and clips for lectures and assignments.



- Conveniently segmented for lecture and in-class use
- Unlimited access from any location on campus or off
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GUIDANCE & COUNSELING STREAMING VIDEO COLLECTION

All titles are segmented into short, pedagogical clips, ideal for intermittent use during classroom lectures. For classwork viewing, students can choose to watch an entire film without interruption. Titles within the collection are sorted across 36 distinct, browsable subject categories (e.g., Character Development, Study Skills & Test Prep, Sexuality, Youth Violence), enabling refined searches for available titles in specific topic areas.

Here's a sampling of the collection highlights:



EXCLUSIVE

Introduction to Information Literacy Learn how to find credible sources on the Internet, read and evaluate a topic critically, and notate your sources. Ethical issues are also addressed.



EXCLUSIVE Academic

Academic Success: Smart Tips for Serious Students A six-part series that covers time management, critical thinking,

listening and note-taking, studying and test-taking, and more.

EXCLUSIVE & AWARD WINNER

Combating Conflict with Character A five-part Telly Award-winning series that helps viewers navigate dilemmas surrounding bullying, peer pressure, prejudice, unresolved anger, and general conflict management.

Consent on Campus: A Nightline Event

Brings together important voices on this controversial issue to one of the largest campuses in the country, Penn State.



EXCLUSIVE

Communication Essentials

A popular four-part series produced by Films for the Humanities & Sciences featuring critical skills for listening, writing, speaking, and reading.

EXCLUSIVE

Drugs: The Straight Facts

A five-part series presenting honest information on the repercussions of abusing alcohol, marijuana, cocaine and crack, narcotics, and inhalants.

EXCLUSIVE

The Dark Side of Adderall and Other "Study Drugs"

A powerful documentary that serves as a cautionary tale to any student who thinks off-label ADHD medication can provide a shortcut to academic success.

EXCLUSIVE

Think b4 u Post: Your Reputation and Privacy on Social Networking Sites Playful yet serious, this film warns about unforeseen consequences of indiscriminate posting of pictures and personal details on social media sites, which can often feel less public and ephemeral than they truly are.

Depression: Out of the Shadows

This PBS documentary provides an unflinching portrait of depression and explores the opportunities for treatment, recovery, and a hopeful future.



EXCLUSIVE

Nurturing Leadership

Are leaders born or made? This video shows that, while certain personality traits may influence leadership abilities, there are also leadership qualities that can be learned and nurtured.

More than 20 **Reaching Teens** programs from the American Academy of Pediatrics offering valuable information for teens on living and coping in the world.

EXCLUSIVE

Sleep and the College Student

A concise, effective film highlighting the importance of sleep in staying healthy, alert, and involved.

EXCLUSIVE & AWARD WINNER

Being Gay:

Coming Out in the 21st Century

Presents the accounts and stories of people who have recently taken the step of coming out, the benefits of this transition, and the dangers of running away from sexual self-acceptance. A World Gold Medal winner from the New York Festivals.

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