

PHYSICAL THERAPY

Streaming Video Collection



2,125+ video clips, 250+ full-length videos—and growing!

This collection brings together 250+ videos from such trusted producers as Wolters Kluwer Health, Castalia Media, Healthy Learning, U.S. Kinesiology Training Institute, and PESI, Inc., that will help physical therapy students learn and practice crucial techniques in ways textbooks alone cannot. Aspiring physical therapists can find short instructional clips that cover a wide range of physical therapy interventions and examinations—from stretching techniques to wrapping a shin splint—as well as seminars from top trainers and in-depth documentaries on the history of physical and occupational therapy, massage, and biomechanics.

- Conveniently segmented for lecture and in-class use
- Unlimited access from any location—on campus or off
- More than 170 hours of educational videos, lectures, and documentaries from top producers
- Create Your Own Video Intro feature
- Custom Content Upload Option
- Captions, interactive transcripts, citations, Google Translate, and more
- New videos added at no additional cost
- Easily embed videos into Canvas, Blackboard, Moodle, or other CMS
- Tablet, mobile, PC & Mac friendly
- Create and share personalized playlists using segments from multiple videos
- Keyword tags for all content, linking to related material



Videos can be easily added to leading discovery tools, distance education courses, and learning management systems and are accessible from any location—on campus or off.

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Here's a sampling of the collection highlights:



Special Tests—a 95-part series presenting special tests used in physical therapy, including varus and valgus stress tests

for the knee, finger, wrist, and elbow; Trendelenberg's test; the 90–90 straight leg test; the patellar grind test; McMurray test; anterior/posterior rib compression test; Milgrim's test; and much more.

Taping and Wrapping Procedures—a 41-part series on wrapping and taping for sports medicine, covering different types of tape and elastic wraps, the RICE method, and steps for wrapping and taping a wide range of sprains, bruises, and other injuries.

Joint Mobilizations—a 14-part series providing details on joint mobilization techniques, including posterior glides, subtalar glides, tibial glides, humeral glides, ulnar glides, and radiocarpal glides.



Proprioceptive Neuromuscular Facilitation—a seven-part series demonstrating the D1 flexion, D1 extension, D2 flexion, and D2 extension stretching techniques.

History of Physical Therapy—discusses the ways in which physical education, advances in medicine, the polio epidemic, and the World Wars influenced the growth of physical therapy. It also discusses applications of physical therapy.

Sports Massage—includes two hours of sports massage detailing 13 sessions that will give students the tools to work with runners, cyclists, swimmers, tennis players, and other athletes.

Therapeutic Strategies for Degenerative Joint Disease: Overcoming Pain and Improving Function: A Lecture—offers case studies and mock patient presentations and reviews the assessment process, detailing the key steps of the pathology, evaluation techniques, and concepts, specifically including skills to evaluate and treat the degenerative joint.



New Paradigms in Sports Concussion—presents the latest research and developments in the areas of concussion

measurements and mechanisms of injury, physiology of recovery, implications of repeated injury, and the evolving legal environment concerning this injury.



All programs are segmented into multiple pedagogical clips, convenient for intermittent use during classroom lectures or as assigned classwork.